

ANNAMALAI UNIVERSITY

(Accredited with 'A' Grade by NAAC)

Department of Education
Annamalainagar - 608002

**"STRENGTHENING ADOLESCENTS'
MENTAL HEALTH AND THEIR
SUICIDE PREVENTION"**

22nd and 23rd June 2018

Registration Form

Name of the Participant :

Designation/

Research scholar :

Institution Address :

Contact Number :

Whatsapp Number :

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Title of the Paper :

Presentation/ Participation

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ANNAMALAI UNIVERSITY

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DEPARTMENT OF EDUCATION
(UGC SAP DRS - II)

ICSSR SPONSORED

NATIONAL SEMINAR

On

**"STRENGTHENING ADOLESCENTS'
MENTAL HEALTH AND THEIR
SUICIDE PREVENTION"**

(Multidisciplinary)

22nd and 23rd June, 2018



Department of Education

Annamalai University
Annamalainagar - 608002
Tamil Nadu, India.

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About the University

In the early 1920s Rajah Sir S. R. M. Annamalai Chettiar founded Sri Minakshi college, Sri Minakshi Tamil College and Sri Minakshi Sanskrit College at Chidambaram. In 1928, Rajah Sir S. R. M. Annamalai Chettiar agreed with the local Government to handover the above said institution for establishing a University. Thus, on 01.01.1929 Annamalai University was established as per Annamalai University Act 1928 (Tamil Nadu Act 1 of 1929). One of the most significant developments is the enactment of the Annamalai University Act, 2013 (Tamil Nadu Act 20 of 2013), which has come into force from September 25, 2013. Annamalai University is accredited with 'A' Grade by NAAC in 2014. "The NIRF-2018" by the Ministry of Human Resource Development (MHRD) has ranked the University in the band 101 - 150 in the overall category as well as the University Category. In the Pharmacy Category the ranking is 20th in India. In the Medical Category the ranking is 24th. "The Times Higher Education World University Ranking - 2018" has ranked Annamalai University in 801 - 1000 for Overall category and 401 - 500 for Life Sciences category. "The CWTS Leiden Ranking 2017", on scientific impact of universities and on universities' involvement in scientific collaboration & scientific performance, has ranked the University at 14th based on the number of publications and 3rd based on the proportion of publications that, compared with other publications in the same field and in the same year, belong to the top 10% most frequently cited. "The Nielsen - India Today Ranking" (2017) has ranked Annamalai University 11th among the top 30 Universities in India. Among the top 100 institutions for Higher Education in India the "SCImago Institutional Ranking" has ranked Annamalai University as 4th in Tamil Nadu and 20th in India. Annamalai University is one of the largest unitary, teaching, and residential Universities in Southern Asia comprising of 10 Faculties and 49 departments of study. This University has played a pivotal role in providing access to higher education to thousands of youth cutting across the social spectrum, especially from economically and socially disadvantaged classes. In this respect, this University's service to the nation is tremendous.

Department of Education

The Department of Education is a beehive of academic activities from its inception in 1953. The building of the Department of Education was inaugurated by the eminent Philosopher and Former President of India Dr.S.Radhakrishnan on 26th December 1955. **The Department offers B.Ed., M.Ed., M.Phil., Ph.D., and D.Litt courses.** All the Teacher Education Programmes are recognized by the NCTE. The members of the faculty Professors, Associate Professors, Assistant Professors keep in constant touch with the latest developments in the field of education. It has spacious R.K.Shanmugam Chettiyar building with requisite for teaching, learning, research and extension activities. The department periodically restructures

and updates the courses to match international standards. The Vision of the Department is "Preparing the competency based commitment oriented teachers to create a better progressive social order, promotion of research, experimentation and development of productive efficiency of the educand".

The Department of Education has organized three International Conferences, five National level seminar and several National Level Workshops. Department of Education has produced 227 M.Phil and 210 Ph.Ds. Staff of the department have published 512 articles in reputed National Journals and 250 in International Journals. The department of education is publishing the research articles through on International Journal "**Annamalai Journal of Educational Endeavours**" (a peer Reviewed International Journal) ISSN: 2278-9804. They have also attended number of International conferences and National level Conferences (102 & 312 respectively). It has also completed seven major projects and three major projects are ongoing. Further the Department of education has been sponsored by UGC under SAP - DRS stage - II. Our Department Received Award **National Educational Excellence Award 2017** by National Institute of Cleanliness Education and Research, New Delhi, India.

The distinguished alumni of the Department of Education were working as Vice-Chancellors, Head of the Departments in various Universities, Principals in various colleges and College of Education, Chief Education Officers and District Education Officers. The first and second Vice Chancellors of the Tamilnadu Teachers Education University and the former Vice Chancellor of Madurai Kamaraj University are the Alumni of the Department of Education.

National Seminar:

Promoting Mental Health, Preventing Mental Illness and suicide among the adolescents is the main objective of this Seminar. Worldwide 10-20% of children and adolescents experience mental disorders. Half of all mental illnesses begin by the age of 14 and three-quarters by mid-20s. Neuropsychiatric conditions are the leading cause of disability in young people in all regions. If untreated, these conditions severely influence children's development, their educational attainments and their potential to live fulfilling and productive lives.

Approximately half of India's 1.2 billion people are under the age of 26, and by 2020 we are forecast to be the youngest country in the world, with a median age of 29 years. With this tremendous forecast, it becomes imperative to ensure an environment which promotes positive well-being. Every hour, one student commits suicide in India, according to 2015 data (the latest available) from the National Crime Records Bureau (NCRB). Young people with Mental Health problems such as Anxiety, Depression, Bipolar Disorder, or Insomnia are at higher risk for suicidal thoughts. This Seminar is committed to promote life and prevent suicide among adolescents.

The articles may kindly be confined only to the following sub-Themes

Sub-Themes

- Theme 1: Determinants and Risk Factors of Suicide among the adolescents
- Theme 2: Family, Academics and Peer pressure
- Theme 3: Bipolar disorder and suicides
- Theme 4: Coping Skills for Suicide prevention
- Theme 5: Suicide Prevention strategies and programs
- Theme 6: Mental health and Life Skills Education for adolescents
- Theme 7: Positive Mental Health promotion for adolescents
- Theme 8: Positive parenting skills and Techniques
- Theme 9: Promoting Mental Health and well being in schools
- Theme 10: Sports, Music, Yoga and Spirituality for Promoting Mental health
- Theme 11: Social media and Mental Health

Call for Papers

Thematic and Research based papers on the above suggested themes are invited from Academics, Teacher Educators, Policymakers, Medical Professionals and Research scholars. The paper should be original and should not have been published previously.

Publications

All the selected papers will be published in the form of a Monograph with ISBN for which the amount should be paid separately.

Accommodation

Accommodation will be provided on request for which the participants have to pay directly in their place of stay.

Submission of Registration Form and Fee

All participants should submit duly filled Registration form along with the Registration fee. Co-authors also have to pay the registration fee

Delegates	: Rs. 500/-
Research Scholars	: Rs. 300/-
Participation	: Rs. 300/-

Fee Remittance by Demand draft in favour of The Registrar, Annamalai University, Annamalai Nagar

Important Date:

Last Date for Submission of Full Paper: 10.06.2018

Paper Submission format,
Ms Word - A4 Size Paper
Margin - 1 cm on all sides
Font - Times New Roman

Contact

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