



**ANNAMALAI UNIVERSITY**  
**Faculty of Education**  
**EK BHARAT SHRESHTHA BHARAT CLUB**



**(RUSA-2.0)**

**Webinar**

**on**

**YOGA FOR HEALTH AND WELLBEING**

**Resource Person**

**Dr.K.Venkatachalapathy**

**ASSISTANT PROFESSOR & DIRECTOR i/c**

**CENTRE FOR YOGA STUDIES**

***Date:31.10.2020***

***Time:10.30 am***

**Webinar Link: <https://us05web.zoom.us/j/7254950934>**

**Jointly Organised**

**by**

**Directorate of Research and Development**

**Centre for Yoga Studies**

**Annamalai University**

**E-Certificate will be given for all the registered participants**