** ANNAMALAI UNIVERSITY**

**Affiliated Colleges**

**114. B.S.W (Bachelor of Social Work)**

Programme Structure and Scheme of Examination (under CBCS)

(Applicable to the candidates admitted from the academic year 2023 -2024 onwards)

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| Part | Course Code | Study Components & Course Title | Credit | Hours/  Week | Maximum Marks | | |
|  | CIA | ESE | Total |
|  |  | SEMESTER – I |  |  |  |  |  |
| I | 23UTAML11 | Language – I: பொதுதமிழ்**– I** | 3 | 6 | 25 | 75 | 100 |
| II | 23UENGL12 | General English – I | 3 | 6 | 25 | 75 | 100 |
| III | 23UBSWC13 | Core – I: Introduction to Social Work | 5 | 6 | 25 | 75 | 100 |
| 23UBSWP14 | Core Practical I: **Concurrent Field Work**  –  **I** | 5 | 4 | 25 | 75 | 100 |
| 23UBSWE15-1  23UBSWE15-2 | Elective – I (Generic / Discipline Specific)  Sociology for Social Work (or)  Man and Indian Society | 3 | 4 | 25 | 75 | 100 |
| IV | 23UTAMB16/  23UTAMA16 | Skill Enhancement Course – 1(NME –I): /\*  Basic Tamil – I/  Advanced Tamil – I | 2 | 2 | 25 | 75 | 100 |
| 23UBSWF17 | Foundation Course:  Effective Communication | 2 | 2 | 25 | 75 | 100 |
|  |  | Total | 23 | 30 |  |  | 700 |
|  |  | SEMESTER – II |  |  |  |  |  |
| I | 23UTAML21 | Language – II: பொதுதமிழ்–II | 3 | 6 | 25 | 75 | 100 |
| II | 23UENGL22 | General English – II | 3 | 6 | 25 | 75 | 100 |
| III | 23UBSWC23 | Core – III: Social Case Work | 5 | 6 | 25 | 75 | 100 |
| 23UBSWP24 | Core Practical II: **Concurrent Field Work** – **II** | 5 | 4 | 25 | 75 | 100 |
| 23UBSWE25-1  23UBSWE25-2 | Elective–II (Generic / Discipline Specific)  Psychology for Social Work (or)  Dynamic of Human Behaviour | 3 | 4 | 25 | 75 | 100 |
| IV | 23UTAMB26/  23UTAMA26 | Skill Enhancement Course – 2 (NME–II) /\*  Basic Tamil – II/  Advanced Tamil – II | 2 | 2 | 25 | 75 | 100 |
| 23USECG27 | Skill Enhancement Course – 3  Internet and its Applications (Common Paper) | 2 | 2 | 25 | 75 | 100 |
|  |  | Total | 23 | 30 |  |  | 700 |

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| **Non-Major Electives** | | | | | | | |
| I | 23UBSWN16 | NME-I: Social Problems in India | 2 | 2 | 25 | 75 | 100 |
| II | 23UBSWN26 | NME-II: Marriage and Life Education | 2 | 2 | 25 | 75 | 100 |

\* PART-IV: NME / Basic Tamil / Advanced Tamil (Any one)

Students who have not studied Tamil upto 12th Standardand have taken any Language other than Tamil in Part-I, must choose Basic Tamil-I in First Semester & Basic Tamil-II in Second Semester.

Students who have studied Tamil upto 10th & 12th Standardand have taken any Language other than Tamil in Part-I, must choose Advanced Tamil-I in First Semester and Advanced Tamil-II in Second Semester.

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| **Methods of Evaluation** | | |
| **Internal Evaluation** | Continuous Internal Assessment Test | 25 Marks |
| Assignments |
| Seminars |
| Attendance and Class Participation |
| **External Evaluation** | End Semester Examination | 75 Marks |
|  | Total | 100 Marks |
| **Methods of Assessment** | | |
| **Recall(K1)** | Simple definitions, MCQ, Recall steps, Concept definitions | |
| **Understand/Comprehend(K2)** | MCQ, True/ False, Short essays, Concept explanations, Short summary or Overview | |
| **Application (K3)** | Suggest idea/concept with examples, Suggest formulae, Solve problems, Observe, Explain | |
| **Analyze(K4)** | Problem-solving questions, Finish procedure in many steps, Differentiate | |
|  | Between various ideas, Map knowledge | |
| **Evaluate(K5)** | Longer essay/Evaluation essay, Critique or justify with prosandcons | |
| **Create(K6)** | Check knowledge in specific or off be at situations, Discussion, Debating or, Presentations | |

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| **SEMESTER: I**  **PART: III** | **23U BSWC13: INTRODUCTION TO SOCIAL WORK** | **CREDIT: 5**  **HOURS: 6** |

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| **Learning Objectives** | | |
| 1 | To introduce the basic concepts of Social Work. | |
| 2 | To familiarize with the principles, values, and ethics of Social Work. | |
| 3 | To kindle the learners to develop the desire to explore the origin of Social Work in India and abroad. | |
| 4 | To support the learners to learn the contribution of various religions towards society’s welfare. | |
| 5 | To analyze and explain the methods of Social Work. | |
| **Course Outcomes**  On the successful completion of the course, students will be able: | | |
|  | | **Taxonomy Levels** |
| CO1: To comprehend the Meaning, Definition, Basic Assumptions, Objectives, Philosophy, Ethics, and Principles of social work. | | K1, K2, K3 |
| CO2: To appreciate Social Work as a Profession. | | K2, K3, K4 |
| CO3: To define, recall, explain, demonstrate and outline, the basic concepts of Social Work. | | K3,K4 |
| CO4: Distinguish and examine the history and development of Social Work as a Profession. | | K1, K4, K5 |
| CO5: To apply the methods of Social Work in the various fields of Social Work practice. | | K3, K4,K5 |

**Syllabus**

**UNIT I (15 Hours)**

**Introduction to Social Work:** Meaning &Definition, Objectives, Characteristics, Principles, Values and Ethics. Social Work as a Profession.

**UNIT II (15 Hours)**

**Basic Concepts in Social Work:** Social Service, Social Welfare, Social Assistance, Social Development, Social Security, Social Justice, Social Inequality, Social Defense.

**UNIT III (15 Hours)**

**History and Development of Social Work:** Development of Social Work – **USA, UK, India**.

**UNIT IV (15 Hours)**

**Methods of Social Work**: Meaning, Definition, Objectives & Principles of - Social Case Work, Social Group Work, Community Organization, Social Work Research, Social Welfare Administration and Social Action.

**UNIT V (15 Hours)**

**Fields of Social Work Practice in India**: Health Settings, Family and Child Welfare Settings, Rural, Tribal and Urban Community Settings, Correctional Settings, Industrial Settings, Welfare of Youth, Aged and Differently Abled and School Social Work. Roles of Social Worker.

**LEARNING SOURCES**

**Text Books:**

1. Ahuja, Ram.(2002). *Indian Social Systems*, New Delhi: Rawat Publications.
2. Bhattacharya, Sanjay.(2003). *Social Work: An Integrated Approach*, Delhi: Deep & Deep Publications.
3. Choudry, Paul D.(1983). *Introduction to Social Work*, New Delhi: Atma Ram Publications.
4. Chandrasekar.(2012). *New Heights in Contemporary Social Work*, Delhi: Cyber Tech Publications.
5. Joshi, S. C.(2004). *Handbook of Social Work*, New Delhi: Akansha Publications.

**Books for References**:

1. Bhattacharya, S.(2003). *Social Work –An Integrated Approach*. Deep& Deep

publication.

1. Rameshwari Devi & Ravi Prakash.(1998). *Social work and Social Welfare*

*Administration (Method and Practice).* Mangal Deep Publication.

1. Sanjay Roy.(2011).*Introduction to Social Work & practice in India*. Akansha

publishing.

1. Saxena, S.K.(2011). *Social Movements in India*, New Delhi: Centrum Press Publications.
2. Singh,K.(2011).*An Introduction to Social Work*.ABD Publishers.

**Online Resources:**

1. <http://sites.google.com/socialwork>
2. <https://en.wikipedia.org/wiki/Social_work>
3. <http://www.disabilityaffairs.gov.in/upload/uploadfiles/files/RPWD%20ACT%202016.pdf>
4. <https://youtube.com/channel/UCedfu_XQsbrhtOUjzhcwaYw>
5. <https://youtube.com/user/kkhsou>

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |
| **CO6** | **S** | **S** | **S** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: I**  **PART: III** | **23U BSWP14: Concurrent Field Work - I** | **CREDIT: 5**  **HOURS: 4** |

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| **Learning Objectives** | |
| 1 | To develop the capacity to reflect over one ’sown behaviors. |
| 2 | To describe its effect on self and others. |
| 3 | To demonstrate skills to establish relationship with individuals, groups and communities with reference to social work. |
| 4 | To provide an exposure to and understanding about the various agency settings to the students. |
| 5 | To critically understand and appreciate Programmes and projects of governmental and non-governmental organizations |

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| **Course Outcome**  The Successful completion of this course shall enable the student;  CO1: Predict own behavior and analyze its impact.  CO2: Asses the skills to establish relationship with individuals, groups and communities.  CO3: Experience the activities of various agencies  CO4: Analyze the various projects of government and non-government organizations  CO5: Develop report writing skill and understand role of professional Social Workers indifferent settings |
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**Syllabus**

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| **1** | **Interpersonal Relationships**  (Concept, skills, importance and relevance to social work**)** |
| **2** | **Self - Awareness:** Meaning, Levels, and Types of self-awareness. Need and Importance of understanding self, Ways to improve self-awareness. |
| * **3** | **D Documentation & Report Writing Skills.**  (Concept, Types of Report, importance and relevance to social work) |
| * **4** | **Societal Analysis**   * (Concept, Tools and techniques, importance and relevance to social work) |
| * **5** | **Positivity and Motivation:** Developing Positive Thinking and Attitude; Driving out Negativity, Enhancing Motivation Levels. |
| * **6** | **Self-Discovery:** Discovering the Self; the importance of self-discovery, Steps in discovering self, Setting Goals; Beliefs, Values, Attitude, Virtue. |
| * **7** | **Self-Management:** Understanding the importance of managing self, skills in managing self, SWOT analysis. |
| * **8** | **Self-Image:** Meaning, the importance of a positive self-image and self-image-building techniques. |
| * **9** | * **Societal Analysis**   (Concept, Tools and techniques, importance and relevance to social work) |
| * **10** | * **Understanding Group Behavior**   (Concept, importance and relevance to social work) |

**MAPPING WITH PROGRAMME SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: I**  **PART: III** | **23UBSWCE15-1: SOCIOLOGY FOR SOCIAL WORK** | **CREDIT: 3**  **HOURS: 4** |

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| **Learning Objectives** | |
| 1 | To define the concepts in Sociology and its relevance to Social Work |
| 2 | To understand Social Stratification and its significance in the Society |
| 3 | To know the need and importance of Social Institutions |
| 4 | To appreciate the factors responsible for Change in the Society and its importance in Social Work practice |
| 5 | To explain the various Social Problems in India |

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| **Course Outcomes**  On the successful completion of the course, student will be able:  CO1: To find the relevance of Sociology to Social Work  CO2: To understand the need, importance, and types of the various systems in the Society  CO3: To apply the knowledge acquired about the Society in the practice of Social Work  CO4: To analyse the issues and challenges in the Society  CO5: To experiment the use of the methods of Social Work in its practice |

**SYLLABUS**

**UNIT – I (12Hours)**

**Introduction to Sociology:** Sociology – Meaning, Definition. Society – Meaning, Definition, Characteristics, Types. Community – Meaning, Definition, and Types. Socialisation – Meaning, Definition, Agents of Socialisation. Culture – Meaning, Definition, Components of Culture. Sociology and its relation and difference to Social Work.

**UNIT – II (12 Hours)**

**Social Stratification:** Social Stratification – Meaning, Definition, Characteristics, Ned and Importance. Caste, Class – Definition, Difference between Caste and Class, Changing Patterns in Caste and Class, Impact of Caste, and Class on Indian Society. Sex and Gender – Meaning, Definition, Difference. Social Mobility – Meaning, Definition, Forms of Social Mobility

**UNIT – III (12 Hours)**

**Social Institutions:** Social Institutions –Meaning, Definition. Marriage – Meaning, Definition, Types, Changing Trends. Family – Meaning, Definition, Functions, Types, Changing Trends. Kinship – Meaning, Definition, Types. Religion – Meaning, Definition, Types, Role of Religion in Society

**UNIT – IV (12 Hours)**

**Principles of Sociology:** Social Control – Meaning, Definition, Functions, Forms of Social Control. Social Processes – Meaning, Definition, Types. Social Change – Meaning, Definition, Causes, Factors affecting Social Change. Social Movements – Meaning, Definition, Factors essential for Social Movements.

**UNIT – V (12 Hours)**

**Social Problems in India:** Meaning, Definition, Types, Causes of the various Social Problems in India – Poverty, Unemployment, Illiteracy, Crime, Addiction, Health, Migration, Gender Discrimination, Corruption

**Learning Sources:**

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| **Text Books**   1. Ahuja, Ram. (1999) Society in India: Concepts, Theories and Changing Trends, Jaipur: Rawat Publications 2. Bottmore. T.B, 1980: Sociology: “A Guide to Problems and literature”, New Delhi. McGraw Hill 3. Kapadia, K.M., (1966) Marriage and Family in India, New Delhi: Oxford University Press 4. Rao Shankar, (2006) Sociology of Indian Society, New Delhi: S Chand 5. Srinivas M.N., 1966: Social Change in India: New Delhi, Orient Longman |
| **Books for Reference**   1. Dhanagare, D., N. (1993) Indian Sociology, Jaipurand New Delhi: Rawat Publications 2. Prabhu, P.H., (1970) Hindu Social Organization, Madras: Popular Prakasham 3. Shah A.M., (2010) The structure of Indian Society: Then and Now, New Delhi, Routledge 4. Singh, Yogendra, (1973) Modernization of Indian Tradition, New Delhi: Thompson Press 5. Srinivas, M.N., (1970) Social Change in Modern India, Madras: Allied Publishers |
| **Web Resources**   1. <http://www.sociologyguide.com/> 2. <http://www.importantindia.com/3910/essay-on-social-problems-in-india/> 3. <https://www.researchgate.net> 4. <https://shodhganga.inflibnet.ac.in/> 5. <http://www.ignou.ac.in/> |

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L – Low**

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| **SEMESTER: I**  **PART: III** | **23U BSWCE15-2: MAN AND INDIAN SOCIETY** | **CREDIT: 3**  **HOURS: 4** |

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| **Learning Objectives** | |
| 1 | To define the concepts in Society |
| 2 | To understand the Components of Indian Society |
| 3 | To know the importance of Social Stratification |
| 4 | To appreciate the Indian Social Institutions in the Indian Society |
| 5 | To explain the Social Structure and Social Problems in the Indian Society |

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| **Course Outcomes**  On the successful completion of the course, students will be able:  CO1: To find the relevance of understanding Indian Society  CO2: To understand the various componentsof the Indian Society  CO3: To apply the knowledge acquired about Society in thepractice of Social Work  CO4: To analyze the issues and challenges in the Society  CO5: To experiment with the use of the methods of Social Work in itspractice |

**SYLLABUS**

**UNIT – I (12 Hours)**

**Introduction:** Society – Meaning, Definition, Characteristics, Types, Composition of Indian Society- Racial, Religious, Linguistic Groups in India, Changing trends in the Indian Society

**UNIT – II (12 Hours)**

**Components of Indian Society:**Community – Meaning, Definition and Types. Socialisation – Meaning, Definition, Agents of Socialisation. Culture – Meaning, Definition, Components of Culture. Globalisation, Privatisation, Liberalisation – Meaning, Definition, Effects on Indian Society, Advantages and Disadvantages.

**UNIT – III (12 Hours)**

**Indian Social Stratification:** Social Stratification – Meaning, Definition, Characteristics, Need and Importance. Caste, Class – Definition, Difference between Caste and Class, Changing Patterns in Caste and Class, Impact of Caste, and Class on Indian Society. Sex and Gender – Meaning, Definition, Difference. Social Mobility – Meaning, Definition, Forms of Social Mobility

**UNIT – IV (12 Hours)**

**Social Institutions:** Social Institutions –Meaning, Definition Marriage – Meaning, Definition, Types, Changing Trends. Family – Meaning, Definition, Functions, Types, Changing Trends. Kinship – Meaning, Definition, Types. Religion – Meaning, Definition, Types, Role of Religion in Society

**UNIT – V (12 Hours)**

**Social Structure and Social Problems:**

Social Control – Meaning, Definition, Forms of Social Control. Social Processes – Meaning, Definition, Types. Social Change – Meaning, Definition, Factors affecting Social Change. Social Problems – Meaning, Definition, Causes of Poverty, Unemployment, Illiteracy, Addiction and Crime

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| **Text Books**   1. Ahuja, Ram. (1999) Society in India: Concepts, Theories and Changing Trends, Jaipur: Rawat Publications 2. Bottmore. T.B, 1980: Sociology: “A Guide to Problems and literature”, New Delhi. McGraw Hill 3. Kapadia, K.M., (1966) Marriage and Family in India, New Delhi: Oxford University Press 4. Rao Shankar, (2006) Sociology of Indian Society, New Delhi: S Chand 5. Srinivas, M.N., (1970) Social Change in Modern India, Madras: Allied Publishers |
| **Books for Reference**   1. Chris Yuill. (2011) Sociology for Social Work. New Delhi: Sage Publication 2. Dhanagare, D., N. (1993) Indian Sociology, Jaipurand New Delhi: Rawat Publications 3. Prabhu, P.H., (1970) Hindu Social Organization, Madras: Popular Prakasham 4. Shah A.M., (2010) The structure of Indian Society: Then and Now, New Delhi, Routledge 5. Singh, Yogendra, (1973) Modernization of Indian Tradition, New Delhi: Thompson Press |
| **Web Resources**   1. <http://www.sociologyguide.com/> 2. <http://www.importantindia.com/3910/essay-on-social-problems-in-india/> 3. <http://www.ignou.ac.in> 4. <https://www.researchgate.net> 5. <https://shodhganga.inflibnet.ac.in/> |

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: I**  **PART: IV** | **23UBSWF17:**  **EFFECTIVE COMMUNICATION** | **CREDIT: 2**  **HOURS : 2** |

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| **Learning Objectives** | |
| 1 | To cognize the importance of Communication Skills in everyday life and for professional development. |
| 2 | To understand the forms of verbal and non-verbal communication. |
| 3 | To gain knowledge on the use of Listening Skills. |
| 4 | To develop confidence in the use of Speaking Skills. |
| 5 | To identify simple strategies in the use of Reading and writing Skills. |
| **Course Outcomes**  On the successful completion of the course, students will be able: | |
| CO1: facilitate students’ self-awareness.K1, K2, K3 | |
| CO2: exploration of values, beliefs, and socio-cognitive skills for active participation as responsible citizens.K2, K3, K4 | |
| CO3: To be mindfulness and positivity.K3,K4 | |
| CO4: fostering effective self-evaluation, networking, group work, social responsibility and service leadership.K1, K4, K5 | |
| CO5: to become responsible leaders in the local community and globallyK3, K4,K5 | |

**SYLLABUS**

**UNIT – I (6 Hours)**

**Introduction to Communication:** Definition, Nature, Scope, Types and Forms, Purpose.

Important features of Verbal and Non-Verbal Communication, Importance of LSRW skills in Communication.

**UNIT – II (6 Hours)**

**Listening Skills:** Active Listening Skills, Listening in conversations/discussions – both in formal and informal settings, Listening to announcements, (Public Address Systems), Listening to podcasts, audio books and audio clips, Use of Apps to enhance listening skills. Barriers to Listening.

**UNIT – IIII (6 Hours)**

**Speaking Skills:** Importance of Phonetics in speaking – Connection between spelling and pronunciation, Speaking in formal and informal settings - Soliciting information, responding to questions/information, sharing information, expressing opinions, views and feelings in acceptable ways, use of speech for conveying ideas while working with team members and seniors.

**UNIT – IV (6 Hours)**

**Reading Skills:** Process of reading, Skimming and Scanning, Importance of Reading Comprehension, Academic Reading skills.

**UNIT – V (6 Hours)**

**Writing Skills**: Importance of Writing, Grammar in writing.

Paragraph writing, Essay Writing, Writing letters. E-mails, messages, Posters in formal settings. Introduction to Academic writing.

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| **Text Books**   1. Mishra et al, V. (2022). English Language Skills A Practical Approach. Cambridge University Press. 2. Gangal. (2012). A Practical Course in Effective English Speaking Skills. Prentice Hall India Learning Private Limited. 3. Sanjay, K., & Pushp, L. (2015). Communication Skills (2nd ed.). Oxford University Press. |
| **Books for References**   1. Mahendra, A., Patnaik, P., & Sen, S. (2015). Communication & Language Skills. Cambridge University Press. 2. Paul, D. (2016). Advanced Writing Skills: Success In 20 Minutes A Day. Goodwill Publishing House. |
| **Web Resources**   1. <https://www.futurelearn.com/experttracks/ielts-preparation> 2. <https://www.skillshare.com/browse/reading> 3. <https://www.mooc-list.com/tags/reading> 4. <https://www.udemy.com/course/read-more-books/> 5. <https://nptel.ac.in/courses/109104031> |

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **M** | **S** |
| **CO2** | **S** | **S** | **S** | **S** | **M** |
| **CO3** | **S** | **S** | **M** | **S** | **S** |
| **CO4** | **S** | **M** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **S** | **S** | **M** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: II**  **PART: III** | **23UBSWC23:**  **SOCIAL CASE WORK** | **CREDIT: 5**  **HOURS : 6** |

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| **Learning Objectives** | |
| 1 | To teach the method of social work and to understand values and principles of working with individuals. . |
| 2 | To enhance understanding of the basic concepts, tools and techniques in working. with individuals. |
| 3 | To Acquire knowledge of different intervention models and develop skills to utilize them. |
| 4 | To obtain Skills and understand the role of Social Case Worker. |
| 5 | To Facilitate in the process of using case work methods for professional development |
|  | **Course Outcome**  The Successful completion of this course shall enable the student;  CO1 : To teach the concept and Principles of Social Case Work  CO2 : To understand the process of Social Case Work.  CO3: To apply the suitable theories and models to resolve the problems of Individuals.  CO4: To develop the ability to critically analyze problems of individuals and skills for working with individuals in various practice settings  CO5: To evaluate the students to work with Individuals in various settings. |
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**SYLLABUS**

**UNIT - 1 (12 Hours)**

**Social Case Work:** Definition,Nature, Purpose of Social Case Work. Philosophical assumptions and caseworkvalues.Case work and its relationship with other methods of Social Work. Historical development of Social Case work in India and in the West(UK&USA). Skills and Roles of Case Worker. Principles of Social Case Work.

**UNIT - 2 (12 Hours)**

**Components and Tools of Social Case Work: Components:** Person, Problem, Place and Process. **Case worker- client relationship:** Meaning and Importance, Characteristics of Professional Relationship,Empathy.Problems in Relationship -Transference and Countertransference, Resistance. **Case Work Tools:** Observation, Listening, Interview, Collateral Contacts and Home Visits.

**UNIT - 3 (12 Hours)**

**Case Work Process** – Study (Case recording, Interview, Collateral contacts etc) Diagnosis - Treatment (methods and techniques), Follow – up and termination. **Recording:** Uses, Principles, Types, Structure and Content,

**UNIT - 4 (12 Hours)**

**Theories and Approaches in Case Work:**Psycho-Social approach, Functional approach, Problem-Solving approach, Behavioral Modification,Family Centered Approach, Client Centered therapy,Crisis Intervention,Psychotherapy,Transactional Analysis and Holistic approach .

**UNIT - 5 (12 Hours)**

**Case work in different settings:** School/Education setting, Family and Children Welfare setting,Community setting, Clinical settings, Correctional and Industrial settings –Working with older adults, Persons with Disability and Terminally ill.Substance and De-Addiction Treatment Services

**Text Books**

1. Bhattacharya, S. (2009). Social case work administration and development. NewDelhi: Rawat Publications.

2. Harris, F.J., 1970 Social Case Work, Oxford University Press, Nairobi.

3. Mathew, G., & Tata Institute of Social, S. (1992). An introduction to social casework: Tata Institute of Social Sciences.

4. Timms, N. (1972). Recording in social work: Routledge and K. Paul.

5. Upadhyay, R. K. (2003). Social casework: A therapeutic approach. New Delhi: Rawat Publication

**Books for References:**

1. Jeffrey, K. A., & Shepard, D. S. (2009). Counselling: theories and practice. New Delhi: Cengage Learning India Pvt. Ltd.
2. Goldstein H. 1979, Social Work Practice: A Unitary Approach, Carolina, University Carolina Press.
3. Hamilton, G. 1946, Principles of Social Case Recording, New York, Columbia University Press.
4. Helen, 1995, Social Case Work: A Problem Solving Process, The University of Chicago
5. Robert W, Roberts Robert H. Nee, 2000 Theories of Social Casework, University of Chicago Press, Chicago.

**Web Resources**

1. https://www.socialworkin.com
2. https://www.guide2socialwork.com/social-group-work/
3. https://www.socialwelfare.library.vcu.edu
4. http://www.ignou.ac.in
5. https://www.researchgate.net

**MAPPING WITH PROGRAMME SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: II**  **PART: III** | **23UBSWP24:**  **Concurrent Field Work - II** | **CREDIT: 5**  **HOURS : 4** |

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| **Learning Objectives** | |
| 1 | To develop the capacity to reflect over one ’sown behaviors. |
| 2 | To describe its effect on self and others. |
| 3 | To demonstrate skills to establish relationship with individuals, groups and communities with reference to social work. |
| 4 | To provide an exposure to and understanding about the various agency settings to the students. |
| 5 | To critically understand and appreciate Programmes and projects of governmental and non-governmental organizations |

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| **Course Outcome**  The Successful completion of this course shall enable the student;  CO1: Predict own behavior and analyze its impact.  CO2: Asses the skills to establish relationship with individuals, groups and communities.  CO3: Experience the activities of various agencies  CO4: Analyze the various projects of government and non-government organizations  CO5: Develop report writing skill and understand role of professional Social Workers indifferent settings |
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**Syllabus**

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| **1** | **Networking.** (Concept, Types, Techniques, Relevance to social work) |
| **2** | **Need Analysis** (Concept, Procedure, Relevance to social work) |
| **3** | **Visual Aids Presentations** (Puppet Training) |
| **4** | **Public Speaking.** (Concept, Techniques, Exercises)  **Public Relations.** (Concept, Techniques, Relevance to social work) – |
| * **5** | * **Fund Raising** (Concept, Types, Techniques, Relevance to social work) |
| * **6** | * **Networking.** (Concept, Types, Techniques, Relevance to social work) |
| * **7** | * **E-Content:** Meaning, Importance, Advantages & Disadvantages and Scope. Stages of E-content design and Developmental Process. |
| * **8** | **Creating Visual E-content:** Invitations & Posters, Blog |
| * **9** | **Creating Audio E-content:** Audio editing, podcast |
| * **10** | * **Creating Video content:** Creating & Editing videos |

**MAPPING WITH PROGRAMME SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: II**  **PART: III** | **23UBSWE25-1:**  **PSYCHOLOGY FOR SOCIAL WORK** | **CREDIT: 3**  **HOURS : 4** |

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| **Learning Objectives** | |
| 1 | To provide Knowledge of Psychology and its relevance to social work |
| 2 | To understand the principles of human growth and development. |
| 3 | To introduce various stages and processes in human development. |
| 4 | To identify development theories and their application |
| 5 | To acquire skills in applying social work intervention methods in promoting mental health. |

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| **Course Outcomes**  On the successful completion of the course, students will be able:  CO1: To be aware of the application of psychology in social work practice  CO2: To understand the principles and process of human growth and development  CO3: To evaluate various developmental tasks and hazards in the human development process  CO4: To understand the theories of development and their application in social work  CO5: To evaluate various intervention methods for mental health. |

**SYLLABUS**

**UNIT – I (12 Hours)**

**Introduction to Psychology:** Psychology- meaning and definition. Fields of psychology. Relevance of psychology in social work. Human Development- meaning, characteristics, and Principles. Concepts of human development- growth and development, maturation, and Learning. - its impact on human development.

**UNIT – II (12 Hours)**

**Life span** – Characteristics and stages. **Prenatal period** – conception, stages, Characteristics, and hazards. Types of delivery.

**UNIT – IIII (12 Hours)**

**Infancy and Childhood -** Developmental task, characteristics, and hazards of infancy, babyhood, early and late childhood. Jean Piaget's theory of cognitive development.

**UNIT – IV (12 Hours)**

**Puberty and Adolescence** – physical, psychological, and social changes and hazards. Development of self-concept and self-esteem and its impact on adolescence.Erikson's theory of psychosocial development. Role of Social worker in Schools and colleges

**UNIT – V (12 Hours)**

**Adulthood, middle age, and old age** -developmental task, characteristics, adjustments- vocational and marital, and hazards. Role of a social worker in family counseling.

**Learning Sources**

WEB RESOURCES

1. <https://www.psychologydiscussion.net/educational-psychology/principles-of-human-growth-and-development/1813>
2. <https://courses.lumenlearning.com/wm-lifespandevelopment/chapter/periods-of-human-development/>
3. <https://egyankosh.ac.in/bitstream/123456789/17142/1/Unit-1.pdf>
4. <https://ufhealth.org/puberty-and-adolescence>
5. <https://www.cliffsnotes.com/study-guides/psychology/psychology/developmental-psychology->

**MAPPING WITH PROGRAMME SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **M** | **S** | **M** |
| **CO2** | **S** | **S** | **M** | **S** | **S** |
| **CO3** | **M** | **S** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **M** | **S** | **S** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: II**  **PART: III** | **23UBSWE25-2:**  **DYNAMICS OF HUMAN BEHAVIOUR** | **CREDIT: 3**  **HOURS : 4** |

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| **Learning Objectives** | |
| 1 | To provide Knowledge of Psychology and its relevance to social work |
| 2 | To understand the concepts of human behaviour |
| 3 | To identify the psychological base of human behaviour |
| 4 | To introduce the basics of human behaviour and mental processes. |
| 5 | To acquire skills in applying social work intervention methods in promoting community mental health. |

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| **Course Outcomes**  On the successful completion of the course, students will be able:  CO1: To be aware of the application of psychology in social work practice  CO2: To analyze the process and aspects of human behaviour  CO3: To apply the psychological theories in social work practice  CO4: To understand the various disorders and their psychological process  CO5: To evaluate various intervention methods for the mental health of individual, group, and community |

**SYLLABUS**

**UNIT – I (12 Hours)**

**Introduction to Psychology:** Psychology- meaning and definition. Various Fields of psychology. Human Behaviour- definition, meaning, and types. methods in studying human behaviour Relationship between psychology and social work. Need for psychology in social work practice..

**UNIT – II (12 Hours)**

**Sensation and perception** – meaning, concepts – stimulus and response, perceptual process, and factors influencing perception and perceptual selectivity. **Learning** – definition, types, and theories – classical conditioning, operant conditioning, and social learning theory. **Memory –** meaning,p rocess- registration, retention, and recall, types of memory

**UNIT – IIII (12 Hours)**

Intelligence – definition, levels, and theories. Howard Gardner's theory of multiple intelligences, Sternberg’s Triarchic Theory of Intelligence, and Spearman’s two-factor theory. Personality- definition and meaning. Dimensions in personality. Theories- Freud’s Psychoanalytical theory, Erickson’s Psychosocial Development, and Carl Roger’s Humanistic theory. Relevance of psychological theories in social work practice.

**UNIT – IV (12 Hours)**

**Motivation – meaning, types- Intrinsic and Extrinsic.** Abraham Maslow’s theory of Hierarchical needs**. Motives-** meaning and types. **Emotion –** Nature, characteristics, and adaptive and disruptive qualities of emotion. Application of motivation theories in social work practice

**UNIT – V (12 Hours)**

**Attitude** – formation, changes, stereotypes, and Prejudice. **Adjustment**- characteristics of adjustment and maladjustment. Factors – frustration, stress, conflict, and defence mechanism. **Mental Health** – concept, Minor and Major mental disorders. Role of a social worker in community mental health.

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| **Textbooks**  1. Ahuja, N. A. (1995) Short Textbook of Psychiatry. New Delhi: Jaypee Brother  2. Crider, et al. (1989). Psychology. New York: Scott. Foresman  3. Fernald, L. D. & Fernald, P. S. (1999). Introduction to Psychology. New Delhi: AITBS Publishers.  4. Mangal, S. K. (2006). General Psychology. New Delhi: Sterling.  5. Morgan, et al. (1997). Introduction to Psychology. New York: McCraw-Hillbook Co. |
| **Books for References**   1. Bee, Helen. Mitchell, Sandra. (1984) The Developing Person-A Life Span Approach.Ed2, New York Harper and Ro. 2. Benjamin A. Lahey, (1998). An Introduction to Psychology (Sixth Edition), New Delhi: Tata McGraw Hill. 3. Compton, Beulah. Galway, (2005) Cournoyer, Social Work Processes. Ed 7, USA: Brooks Cole Learning, 4. Coleman, James, (1976) Abnormal Psychology and Modern Life. Ed 5, Mumbai: D.B Taraporewala& Sons 5. Corner Ronald, J, (2012). Abnormal Psychology. New Delhi: Wisdom Press, |
| WEB RESOURCES   1. <https://courses.lumenlearning.com/suny-hvcc-psychology-1/chapter/outcome-sensation-and-perception/> 2. <https://www.sciencedirect.com/topics/psychology/learning-and-memory> 3. <https://www.simplypsychology.org/personality-theories.html> 4. <https://www.yourarticlelibrary.com/motivation/motivation-theories-top-8-theories-of-motivation-explained/35377> 5. <https://www.ncbi.nlm.nih.gov/books/NBK92254/> |

**MAPPING WITH PROGRAMME SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **M** | **S** | **S** | **M** |
| **CO2** | **M** | **S** | **M** | **S** | **S** |
| **CO3** | **S** | **S** | **S** | **S** | **S** |
| **CO4** | **M** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **M** | **S** | **S** | **S** |

**S – Strong M – Medium L – Low**

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| **SEMESTER: I**  **PART: IV** | **23UBSWN16: SOCIAL PROBLEMS IN INDIA** | **CREDIT: 2**  **HOURS: 2** |

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| **Learning Objectives** | |
| 1 | To define the various Social Problems in India |
| 2 | To realize the Causes of Poverty and Unemployment |
| 3 | To know the measures to eradicate Illiteracy and Unemployment |
| 4 | To analyse the cause of Crime and Corruption as Social Problems in the Indian Society |
| 5 | To evaluate the role of a Social Welfare Programmes for the eradication of Social Problems in India |

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| **Course Outcomes**  On the successful completion of the course, student will be able:  CO1: To find the relevance of understanding the various Social Problems in India  CO2: To recognize the various types of Social Problems  CO3: To apply the knowledge acquired about Social Problems in its eradication  CO4: To analyse the issues and challenges in the Society  CO5: To experiment the Welfare Schemes for the eradication of Social Problems in India |

**SYLLABUS**

**UNIT – I (6 Hours)**

**Introduction to Social Problems in India:** Meaning, Definition, Characteristics of Social Problems, Role of SDGs in Social Problems

**UNIT – II (6 Hours)**

**Poverty and Population Explosion: Poverty** - Meaning, Definition, Causes.

**Population Explosion** – Meaning, Causes and Effects

**UNIT – III (6 Hours)**

**Illiteracy and Unemployment: Illiteracy** – Meaning, Definition, Steps for Removal of Illiteracy. **Unemployment** – Meaning, Definition, Causes, Types

**UNIT – IV (6 Hours)**

**Crime and Corruption: Crime** – Meaning, Definition, Causes, Types. **Corruption** – Meaning, Definition, Impact of Corruption on Indian Society

**UNIT – V (6 Hours)**

**Social Welfare:** Meaning, Definition, Role of Sate Social Welfare Department, Voluntary Social Welfare Organisation and National Council of Social Welfare in the eradication of Social Problems in India.

**Learning Sources:**

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| **Books for Study**   1. Ahuja Ram, (2014) Social Problems in India, Jaipur: Rawat Publications 2. Madan G.R. (2009) Indian Social Problems, New Delhi: Allied Publishers 3. Parrillo Vincent N. (2008) Encyclopedia of Social Problems. California: Sage Publication 4. Rao Shankar (2017) Indian Social Problems A Sociological Perspective, New Delhi: S. Chand 5. SarkarSukanta (2015) Social Problems in India. New Delhi: Gyan Books |
| **Books for Reference**   1. GovindaRangachar and Poornima M, (2019), India’s Social Sector and SDGs Problems and Prospects: Oxfordshire, England UK, Routledge India 2. Rao Shankar (2006) Sociology of Indian Society, New Delhi, S. Chand 3. Shah A.M., (2010) The structure of Indian Society: Then and Now: New Delhi, Routledge 4. Sharma, K.R., (1997). Indian Society, New Delhi: Atlantic Publishers 5. Srinivas M.N, (1980). India’s Social Structure, New Delhi: Hindustan Publication |
| **Web Resources**   1. <http://www.sociologyguide.com/> 2. <http://www.importantindia.com/3910/essay-on-social-problems-in-india/> 3. <http://www.insoso.org/> 4. <https://www.egyankosh.ac.in/> 5. <https://shodhganga.inflibnet.ac.in/> |

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **S** | **S** | **S** | **S** | **M** |
| **CO2** | **S** | **S** | **S** | **M** | **S** |
| **CO3** | **S** | **M** | **S** | **S** | **S** |
| **CO4** | **S** | **S** | **S** | **S** | **S** |
| **CO5** | **S** | **S** | **M** | **S** | **S** |

**S – Strong M – Medium L - Low**

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| **SEMESTER: II**  **PART: IV** | **23UBSWN26:**  **MARRIAGE AND LIFE EDUCATION** | **CREDIT: 2**  **HOURS : 2** |

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| **Learning Objectives** | |
| 1 | To enrich the knowledge about the Concept of Marriage |
| 2 | To understand the role of family, school, and media in imparting family life education. |
| 3 | To know the importance of communication in marriage life. |
| 4 | To acquire knowledge on various problems in family life |
| 5 | To identify the various welfare services for settling family disputes |

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| **Course Outcomes**  On the successful completion of the course, student will be able:  CO1: To be aware of the concept and characteristics of marriage  CO2: To understand the values and role of family, school, and media in family life  CO3: To apply the knowledge of communication in family life  CO4: To analyze various reasons for the marital problems  CO5: To evaluate the welfare services in marital dispute settlement |

**SYLLABUS**

**UNIT – I (6 Hours)**

**MARRIAGE –** a social institution**. Marriage –** meaning, definition. Marriage as an institution. Types of marriages, importance, and purpose of marriage. Marriages in India. Role of society, culture, religion, and family values in marriage. Premarital counseling – importance in premarital preparation.

**UNIT – II (6 Hours)**

**Family –** concept, and definition. Types of family. Characteristics and functions of the family**.** Family life cycle – Formative, expanding, and contracting stages. Problems at each stage of the cycle

**UNIT – III (6 Hours)**

**Family Life** – meaning and importance. Socialization process – concept and significance in shaping the individual behaviour. Role of socialization agents – family, teachers, friends, and media in developing the personality and moral values of an individual

**UNIT – IV (6 Hours)**

**COMMUNICATION IN MARRIAGE**

**Communication –** meaning and importance. Communication in marriage – communication between partners, the importance of listening between partners. Handling conflicts in marriage, accepting the differences. Changing roles in men and women due to career development of women, an appropriate division of roles – importance

**UNIT – V (6 Hours)**

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| **Problems in Marital Life**  Violence and harassment, dowry, addiction, extra – marital affair, marital rape, separation, divorce.  Psycho-social effects of divorce. Problems faced by single parents in society.  Legal implications in marriage and divorce.  **Family Welfare Services** Pre-marital Counselling, Family Counselling Centres, Family Court, All Women’s Police Station. |
| **Textbooks**   1. Betty, Carter, and Monica, McGoldrick, The Changing Family Life Cycle – A Framework for Family Therapy, II Ed 2. David J. Bredehoft, Michael J. Walcheski, Family Life Education: Integrating Theory and Practice, Ingram 3. Lane H. Powell, Dawn Cassidy, Family Life Education: Working with Families Across the Life Span, Waveland Press 4. Sharma, Rajendra, (1997) K. Indian society – Institutions and Change. New Delhi: Atlantic, 5. Rao Shankar, C.N. Principles of Sociology. New Delhi: S. Chand |
| **Books for References**   1. Dhanagare, D., N. (1993) Indian Sociology. Jaipur and New Delhi: Rawat, 2. Kaila, H., L., (2005), Women, Work and Family, New Delhi; Rawat Publications. 3. Kapadia, K., M., (1968), Marriage and Family in India; Oxford University Press 4. Marie, Mascarenhas, (1999), Family Life Education of Value Education. 5. William, J., Goode, (1989), The Family; Prentice Hall of India, Pvt.Ltd., New Delhi |
| **Web Resources**   1. <https://culturalatlas.sbs.com.au/indian-culture/indian-culture-family> 2. <https://www.egyankosh.ac.in/> 3. <https://www.marriage.com/> 4. <https://www.betterhealth.vic.gov.au/> 5. <https://uk.practicallaw.thomsonreuters.com/> |

**MAPPING WITH PROGRAMME-SPECIFIC OUTCOME**

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|  | **PSO1** | **PSO2** | **PSO3** | **PSO4** | **PSO5** |
| **CO1** | **M** | **S** | **S** | **M** | **S** |
| **CO2** | **S** | **S** | **S** | **S** | **S** |
| **CO3** | **M** | **S** | **S** | **S** | **S** |
| **CO4** | **M** | **S** | **S** | **M** | **S** |
| **CO5** | **M** | **S** | **S** | **S** | **S** |

**S – Strong M – Medium L - Low**