



ANNAMALAI UNIVERSITY



FACULTY OF ARTS

DEPARTMENT OF POLITICAL SCIENCE & PUBLIC ADMINISTRATION

Online Training Course on

LIFE SKILLS FOR STUDENTS

PROGRAMME DETAILS

Date: 03.06.2020 to 06.06.2020

Time: 10:30 am and 02:30 pm

S.No.	Date	Title of the Lecture	Resource Person	YouTube Link
1.	03.06.2020	Time Management Skills for Succeeding in the Career	Dr. P. Sakthivel, Professor & Deputy Controller of Examinations, Annamalai University, E-Mail: sakthiraji@rediffmail.com Mobile: 9443827947	https://www.youtube.com/watch?v=UJ-eg8cE3JI

2.	03.06.2020	Strategies for Preparing Competitive Examinations	Dr. K. Senthilkumar, Associate Professor (Deputed) , Department of Politics & Public Administration, Alagappa University E-Mail: senhari@rediffmail.com Mobile: 7358344240	https://www.youtube.com/watch?v=2StfByGUDIs
3.	04.06.2020	Decision Making: Principles and Process	Dr. S. Balamurugan, Associate Professor (Deputed) , Department of Political Science Periyar Govt. Arts College, Cuddalore. E-Mail: cosmicbala@yahoo.co.in Mobile: 9894351317	https://www.youtube.com/watch?v=2marNbyEOM0
4.	04.06.2020	Training on Stress Management	Dr. A. Anbu Arumugam, Assistant Professor, (Deputed) , Department of Political Science, Presidency College, Chennai. Email: anbumani.a@gmail.com Mobile: 9884093672	https://www.youtube.com/watch?v=XneRpTAaQzQ
5.	05.06.2020	Personality Development: Self Analysis, Attitude and Motivation	Dr. V.Krishnamoorthy, Associate Professor , Dept. of Management Studies, Kongu Engineering College, Erode.	https://www.youtube.com/watch?v=yGh5zuDaxiM

6.	05.06.2020	Communication Skills: Presentation, Writing and Non-Verbal Communication	Dr.M.Palanisami Associate Professor , Department of English, KanchiMamunivar Government Institutes for Post Graduate Studies and Research, Pondicherry.	https://www.youtube.com/watch?v=shDTdOU4FI8
7.	06.06.2020	Key to Success: Prerequisites and Strategies for Success	Dr.Neelam Pandey, Associate Professor Department of Political Science & Public Administration, Annamalai University E-Mail: neelam.pandey.66@gmail.com Mobile: 9159021670	https://www.youtube.com/watch?v=hwjlNumiXqo
8.	06.06.2020	Training on Effective Learning	Dr. A.P. Natarajan, Associate Professor Department of Political Science, The Central Law College, Salem.	https://www.youtube.com/watch?v=W2XtfM06XxY

Thank you